

DISCOVERY BAY YACHT CLUB

Sailing Instructions for the Middle Island Regatta
Saturday, 27th & Sunday, 28th October 2007



Sailing Instructions

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1 Rules

1.1 The Middle Island Regatta (MIR) will be governed by:

- The ISAF Racing Rules of Sailing for 2005-08 (RRS);
- The Prescriptions of the Hong Kong Yachting Association (HKYA);
- The DBYC Standard Racing Instructions (SRI); and
- These MIR Sailing Instructions.

2 Organising Authority

2.1 The organising authority is the Discovery Bay Yacht Club (DBYC).

3 Entries

3.1 Eligible boats shall enter with the DBYC by Wednesday, 24th October 2007.

3.2 Late entries may be accepted after that date at the sole discretion of the Race Committee and only upon payment of the late entry fee.

4 Classes and Divisions

4.1 Whilst racing, a boat shall fly the IC flag for its class or division, prominently displayed from its backstay.

4.2 The classes and respective IC flags are as follows:

Division A:	IC flag K
Division B:	IC flag J
Motoring Division:	IC flag M

4.3 Any boat that decides to enter the Motoring Division shall replace its class flag with IC flag M for the remainder of the race.

4.4 Division A and Division B will be arranged by median handicap split, such that approximately half of all boats entered race in each division. Annex E, a list of participating boats, will be published by Friday, 26th October 2007, detailing the actual divisional split.

4.5 Classes may be further sub-divided at the discretion of the Race Committee, subject to the number of entries received.

5 Motoring Division

5.1 A boat may enter the Motoring Division by electing to motor at any time after the first 30 minutes from the start of a race. Motoring Division results will not be given unless more than three boats finish in that division from a given class. All periods of motoring shall be recorded on the Race Declaration form.

5.2 Each period of motoring will be rounded up to the nearest 10 minutes and incur a 100 % time penalty. Motoring in excess of one quarter of a boat's total time will incur a 200 % time penalty. A Motoring Factor (MF) will also be applied, equivalent to the boat's waterline length (LWL) in feet, expressed as an additional percentage. The MF will be applied to inboard engine equipped boats only, as described in the DBYC SRI's.

- 5.3 Any short burst of motoring for safety reasons (eg to avoid the path of commercial shipping) shall be declared on the Race Declaration, but will not necessarily constitute a transfer to the Motoring Division. A time penalty may be applied if an advantage is gained; this will be at the sole discretion of the Race Committee.
- 5.4 Motoring Division results will not be included in the combined results for the Regatta. A boat electing to enter the Motoring Division shall display IC Flag M from its backstay for the remainder of the race.

6 Notices to Competitors

- 6.1 Changes to these Sailing Instructions may be made by issuing a Notice to Competitors up to one hour before each race. Changes to the SI's made on the day of the race will also be signalled on the water, before the warning signal, by hoisting IC flag L from the Committee Boat and communicating the change to each boat when it comes within hailing distance.
- 6.2 Notices to Competitors issued before 27th October 2007 will be posted on the Sailing Notice Boards at DBMC and ABC. Notices to Competitors issued on or after 27th October 2007 will be specifically mentioned at each race briefing.
- 6.3 Mar Dep Notices to Mariners, with the exception of the Traffic Separation Scheme, will be considered to be part of these Sailing Instructions. This exception does not in any way mitigate the obligation of boats to observe the Traffic Separation Scheme Regulations.

7 Starting Times and Flags

- 7.1 Race 1 - Discovery Bay to Middle Island on Saturday, 27th October 2007:

	Start Time	IC Flag
Class B	1000 hours	J
Class A	1010 hours	K

- 7.2 Race 2 – Pursuit Race, Middle Island to Discovery Bay on Sunday, 28th October 2007:

Race 2 of the MIR will be conducted as a Pursuit Race. All boats shall start at a time defined by their handicap, and finish order will equal prize order. Start times shall be in accordance with Annex D, Pursuit Race Start Order, which will be issued at the race briefing prior to Race 2. Handicaps in Annex B may be adjusted to reflect each boat's performance from Race 1.

	Start Time	IC Flag
First boat starts (all divisions)	1000 hours	N/A

8 Courses and Marks

- 8.1 The race marks shall be left to port or starboard as detailed below.
- 8.2 Race 1:
- | | | |
|-----------------|-------------------------------|----------------------|
| Start | (approx 1 nm SE of DB marina) | |
| Windward mark | (if laid) | P / S (as signalled) |
| Datum Rock | | Starboard |
| Lamma Island | | Port |
| Chesterman Rock | | Port |
| Finish | (vicinity of Middle Island) | |

8.3	Race 2:	Start	(vicinity of Middle Island)	
		Chesterman Rock		Starboard
		Lamma Island		Starboard
		Cheung Chau Rock		Starboard
		Hei Ling Chau		Starboard
		Finish	(vicinity of Pillar Rock)	

9 The Start

- 9.1 The Committee Boat will fly a blue flag when in position at the starting line.
- 9.2 Race 1 will be started in accordance with RRS rule 26, with the warning signal given five minutes before the starting signal. Race 2 will be a Pursuit Race, started as described in para 7.2 and Annex E.
- 9.3 The starting line will be a line between a staff displaying an orange flag or shape on the Committee Boat at the starboard end of the line and a buoy laid as an outer distance mark (ODM) at the port end of the line. An inner distance mark (IDM) may also be laid, in which case boats shall pass between the IDM and the ODM when starting.
- 9.4 A windward mark may be laid approximately ½ nm to windward of the starting line. In this case the Committee Boat will display a green flag or board to indicate that the mark is to be left to starboard, or a red flag or board to indicate that the mark is to be left to port.
- 9.5 The locations of the start lines will be as follows:
- Race 1: The start line will be laid approximately 1 nm SE of the entrance to DB marina.
- Race 2: The start line will be laid approximately ½ nm South of Middle Island.
- 9.6 The location of a start line shall not be subject to protest or claim for redress. This changes RRS 62.1(a).
- 9.7 A boat whose class warning signal has not been made shall keep clear of the starting area and of all boats whose class warning signal has been made.
- 9.8 Boats shall not use engine propulsion after 5 minutes prior to starting.

10 The Finish

- 10.1 The committee boat will fly a blue flag when in position and on station at the finishing line.
- 10.2 The finish shall be a line between a staff displaying an orange flag or shape on the committee boat at the starboard end of the line, and a buoy laid as an ODM at the port end of the line.
- 10.3 The locations of the finishing lines shall be as follows:
- Race 1: The finishing line shall be laid in the vicinity of Middle Island.
- Race 2: The finishing line shall be laid in the vicinity of Pillar Rock (22 17.3N 114 01.8E).
- 10.4 Each boat shall obtain an acknowledgment from the Committee Boat that it has either finished or retired. If the committee boat is not on station, this shall be done by contacting the Race Officer on VHF Ch 69 or telephone **9367 7447**.

11 Course Shortening

- 11.1 The courses may be shortened at any mark of the course or immediately beyond the mark of the course by visual signal, IC flag S, flown by the Committee Boat.
- 11.2 Boats should then finish by passing between the Committee Boat and the mark, or between the Committee Boat and an ODM, if laid. In the latter case, the ODM will be laid not more than 100 m from the Committee Boat on the same side as the mark. This may result in the ODM being laid at the starboard end of the line, changing para 10.2.
- 11.3 The courses may be shortened for individual divisions, in which case the relevant IC Class flag(s) of the division(s) to be shortened will be flown under IC flag S.
- 11.4 The Committee Boat will attempt to communicate any course shortening by calling the mobile telephone number declared on the entry form for each boat. Failure to receive such a communication shall not be accepted as grounds for a protest or claim for redress.

12 Time Limits

- 12.1 The time limit for each race shall be 1700 hours on the day of the race. A boat that does not finish before the time limit shall be deemed to have retired. This does not alter a retired boat's responsibility to 'sign off' with the Race Officer.
- 12.2 The race will be abandoned if the leading boat has not crossed the finishing line, or shortened course finishing line, by 1600 hours on the day of the race.

13 Retiring

- 13.1 It is important, in the interests of safety, that any boat retiring from the race shall inform the Committee Boat immediately by telephoning **9831-3024**.

14 Race Declarations

- 14.1 All boats, including those that retire from a race, shall lodge a completed Race Declaration Form (Annex A) with the Race Officer not later than 1800 hours on the day of the race. A boat that does not lodge a properly completed Declaration Form before that time may be considered DNF (Did Not Finish).

15 Prizes

- 15.1 Prizes will be awarded for 1st, 2nd and 3rd places in both races for each division. Prizes will also be awarded for Line Honours on Race 1, and for 1st, 2nd and 3rd places overall, employing the modified Low Point scoring system.
- 15.2 The Low Point scoring system will apply, modified such that first place will be awarded three quarters of a point. All other placings will be awarded points equivalent to their finishing position.
- 15.3 The Race Committee may sub-divide a division or create new classes depending upon the number of entries received. Additional prizes may be awarded at the discretion of the Race Committee.

16 **Safety**

- 16.1 All boats shall comply with the current edition of the ORC Special Regulations Category 4.
- 16.2 The attention of all competitors is drawn to the Fundamental Rules in Part 1 of the RRS, particularly with respect to life-saving equipment and the wearing of personal buoyancy. The safety of a boat and her crew is the sole responsibility of the Skipper, who must ensure that the boat is seaworthy and properly equipped and that the crew are able to cope with emergencies and poor weather conditions. The Skipper must ensure that all safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.
- 16.3 A boat shall not race with its anchor or other similar piece of equipment positioned outside the sheerline of the boat. Any offending boat may be disqualified and such penalty will not be subject to protest.
- 16.4 Skippers are reminded that they must not obstruct traffic in the Fairways or Traffic Separation Schemes. VHF radio equipped boats shall monitor VHF Ch 16 whilst crossing these channels.
- 16.5 The onus is on pleasure craft to give way to commercial shipping and boats must be prepared to motor if necessary in order to keep clear. Boats shall have their auxiliary engines ready for use, if required. Motoring for safety reasons must be declared, but this will not necessarily constitute a transfer to the Motoring Division and will not result in disqualification. A time penalty may be applied at the discretion of the Race Committee if an advantage is deemed to have been gained.
- 16.6 All commercial vessels or towing combinations of over 40 metres length overall will be granted a "Moving Prohibited Zone" around the vessel when the vessel is under way, as detailed in DBYC SRI's. This Moving Prohibited Zone ranks as an obstruction for the purposes of RRS Rules 18 and 19.

17 **Insurance**

- 17.1 All boats shall hold valid third party insurance and shall produce a valid Certificate of Insurance if requested by the Race Committee.

18 **Disclaimer**

- 18.1 All those taking part in the event do so at their own risk and responsibility. Each boat is solely responsible for the decision to race or to continue racing. Entrants shall note and advise all crew members that competitors participate at their own risk and that the DBYC does not accept any liability for any loss or damage to persons or property that may result from such participation.

ANNEX A RACE DECLARATION

RACE 1 – DB TO MIDDLE ISLAND

Boat Name: Sail Number:

Motoring commenced at: GPS time GPS Position

Motoring completed at: GPS time GPS Position

Motoring commenced at: GPS time GPS Position

Motoring completed at: GPS time GPS Position

Motoring commenced at: GPS time GPS Position

Motoring completed at: GPS time GPS Position

I confirm that I have sailed the race in accordance with the Sailing Instructions.

Signed
Skipper/Navigator

PLEASE DETACH AND HAND TO THE RACE OFFICER

ANNEX A RACE DECLARATION

RACE 2 – MIDDLE ISLAND TO DB

Boat Name: Sail Number: Start Time:

Motoring commenced at: GPS time GPS Position

Motoring completed at: GPS time GPS Position

Motoring commenced at: GPS time GPS Position

Motoring completed at: GPS time GPS Position

Motoring commenced at: GPS time GPS Position

Motoring completed at: GPS time GPS Position

I confirm that I have sailed the race in accordance with the Sailing Instructions.

Signed
Skipper/Navigator

PLEASE DETACH AND HAND TO THE RACE OFFICER

ANNEX B - Administrative Notes**SCHEDULE****Fri, 26 Oct**

A/R visiting boats arrive DBMC
1900 Bilge Bar meet-and-greet

Sat, 27 Oct

0830 registration
0845 skippers briefing
1000 start Race 1 off DB
1600 finish off MI
1800 ABC's Mediterranean feast (\$120 pp)
2000 prize-giving Race 1

Sun, 28 Oct

0830 breakfast at Middle Island (\$50 pp)
0900 skippers briefing
1000 first start Race 2 off MI
1600 finish off DB
1600 BBQ on DB headland
(Sponsored by DBMC)
1700 prize-giving Race 2 and overall

DISCOVERY BAY MARINA

Berthing. Visiting boats please use any available berth and sign in at the Marina Club reception on arrival. If you need assistance or guidance on arrival at the Marina please contact race organiser at 9367-7447. Berthing charges waived for participating boats.

F & B. Visiting crews may use the Marina Club bar and restaurant as a guest of, and in company with, a Marina Club member. Note, payment by credit card only – no cash accepted. Meet & Greet on Friday evening from 1900 hrs. Sunday Prize-giving BBQ on marina headland immediately after Race 2.

Buffet Menu**Cold Dishes**

Roast Beef Thai Salad
Spicy Bean "Szechwan" Salad
German Potato Salad

BBQ Corner

Steak
Lamb Chops
Spare Ribs
Baked Potatoes
Pork Sausages

Hot Entrees

Sweet and Sour pork with
Pineapple
Spicy Chicken Fillet "Szechwan"
Sautéed Spinach with Garlic
Vegetable Fried Rice
Singapore Noodles

Desserts

Homemade Tiramisu
Custard Caramel
Fresh Fruit Platter

Contacts:

Reception: 2987-9591

Marina Operation: Mr. Alpha Au (contact through reception 2987-9591)

ABC MIDDLE ISLAND

Berthing. There is no mooring available on MI (unless you have made prior arrangement with a private mooring owner) however, the ABC pontoon can accommodate 8 yachts easily and up to 12 yachts if you raft up to another yacht on the main pontoon. Anchoring is also an option outside the mooring area. Alternatively, there are several moorings available at the ABC Typhoon shelter on row "F". The ABC can provide a ferry to and from both. If required, an ABC staff will be on stand by to show you the location in the typhoon shelter. For a detailed map, visit our website.

Shuttle service. ABC will provide a boat to shuttle crews to and from the RHKYC pontoon to get to shore. It will operate until midnight on Saturday night and start again at 0800 on Sunday morning.

F & B. A cash counter will be available from 1600 hrs at Middle Island. Visitors should buy coupons before ordering drinks and present them to the bar to be served (sample prices below). Buy buffet stickers (\$120) at same time and display on your shirts. A breakfast buffet (\$50) will be served at 0830 hrs on Sunday morning – the skippers briefing will take place over breakfast at 0900 hrs, with first start for Race 2 at 1000 hrs.

Buffet Menu**Appetizers**

Rihad Mist
Greek Salad
Humus dip
Falafel

Main

Greek lamb on the spit
Chicken Shawarma
Giant salmon on the grill
Vegetarian Moussaka

Desserts

Fresh fruit Platter
Baklava
Roz Bel

Drinks Prices

House Wine bottle:
\$120
Pint of Stella: \$30
Beer in Cans: \$20
Soft Drinks: \$10

Breakfast

Full-fry buffet from 0830 hrs

Ferry Shuttle. The ABC launch shuttles between the Aberdeen main clubhouse and Middle Island every 30 mins, leaving the ABC main clubhouse at H+15 and H+45 every hour until 2215 hrs. Last boat from Middle Island will be 2230 hrs and the service begins again at 0800 hrs on Sunday morning.

Ice. Some ice will be available at Middle Island in limited amount, so please collect at the main ABC clubhouse on your way through.

ABC staff. Any queries or problems, contact ABC Marine Manager, Ah Kee on 9164 5140 or ABC General Manager, Philippe de Manny at 9124-6400.

GENERAL

Tides. Forecast as follows:

Sat, 27 Oct	0339	0.50 m
	1024	2.00 m
	1513	1.20 m
	2146	2.60 m
Sun, 28 Oct	0429	0.40 m
	1122	1.80 m
	1542	1.30 m
	2224	2.70 m

Photos. Please encourage your crew to take photos during the race and at the two prize-giving ceremonies. The best shots will be used on the DBYC website and in the various regatta write-ups.

ANNEX C - RACE SAFETY AND ACCOUNTABILITY

Sailing, and, in particular, yacht racing, is a hazardous pursuit. The organisers of the Middle Island Regatta have taken every reasonable measure to ensure safety during the organisation of the event and will, so far as they are able, endeavour to create a safe racing environment.

However, responsibility for the actions and conduct of each participating vessel must lie, in all respects, with the Skipper of that vessel.

Skippers are therefore required to complete the following declaration:

- I, the undersigned, am the Skipper of vessel.....HK Reg.....
- I hold a valid licence.
- My vessel holds a valid license, is in a seaworthy condition and is equipped to a minimum of 'Category Four' standard of safety equipment.
- I have read and understood the Sailing Instructions.
- I am aware of situations and occurrences promulgated by Marine Department Notices and Notices to Mariners in the general area of the racecourse.
- I am conversant with, and will comply with, the provisions of the International Regulations for Preventing Collisions at Sea.
- I understand that I am solely responsible for the safe operation of my vessel before, during and after each race.
- I have briefed all of my crew, and they are aware of my sole responsibility, as Skipper, under these conditions.

Signed Dated

ANNEX D - Participating Boats

To be issued after cutoff date (24 Oct 07)

ANNEX E - Pursuit Race Start Order

To be issued after compilation of Race 1 results on 27 Oct 07