



# Sailing Instructions

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## **1 Rules**

1.1 The Middle Island Regatta (MIR) will be governed by:

- The ISAF Racing Rules of Sailing for 2009-12 (RRS);
- The Prescriptions of the Hong Kong Yachting Association (HKYA);
- The DBYC Standard Racing Instructions (SRI); and
- These MIR Sailing Instructions.

## **2 Organising Authority**

2.1 The organising authority is the Discovery Bay Yacht Club (DBYC).

## **3 Entries**

3.1 Eligible boats shall enter with the DBYC by Wednesday, 28<sup>th</sup> October 2009.

3.2 Late entries may be accepted after that date at the sole discretion of the Race Committee and only upon payment of the late entry fee.

## **4 Classes and Divisions**

4.1 Whilst racing, a boat shall fly the IC flag for its class or division, prominently displayed from its backstay.

4.2 The classes and respective IC flags are as follows:

Division A:	IC flag K
Division B:	IC flag J
Motoring Division:	IC flag M

4.3 Any boat that decides to enter the Motoring Division shall replace its class flag with IC flag M for the remainder of the race.

4.4 Division A and Division B will be arranged by median handicap split, such that approximately half of all boats entered race in each division. Annex D - Participating Boats will be published by Friday, 30<sup>th</sup> October 2009, detailing the actual divisional split.

4.5 Classes may be further sub-divided at the discretion of the Race Committee, subject to the number of entries received.

## **5 Motoring Division**

5.1 A boat may enter the Motoring Division by electing to motor at any time after the first 30 minutes from the start of a race. Motoring Division results will not be given unless more than three boats finish in that division from a given class. All periods of motoring shall be recorded on the Race Declaration form.

5.2 Each period of motoring will be rounded up to the nearest 10 minutes and incur a 100 % time penalty. Motoring in excess of one quarter of a boat's total time will incur a 200 % time penalty. A Motoring Factor (MF) will also be applied, equivalent to the boat's waterline length (LWL) in feet, expressed as an additional percentage. The MF will be applied to inboard engine equipped boats only, as described in the DBYC SRI's.

- 5.3 Any short burst of motoring for safety reasons (eg to avoid the path of commercial shipping) shall be declared on the Race Declaration, but will not necessarily constitute a transfer to the Motoring Division. A time penalty may be applied if an advantage is gained; this will be at the sole discretion of the Race Committee.
- 5.4 Motoring Division results will not be included in the combined results for the Regatta. A boat electing to enter the Motoring Division shall display IC Flag M from its backstay for the remainder of the race.

## **6 Notices to Competitors**

- 6.1 Changes to these Sailing Instructions may be made by issuing a Notice to Competitors up to one hour before each race. Changes to the SI's made on the day of the race will also be signalled on the water, before the warning signal, by hoisting IC flag L from the Committee Boat and communicating the change to each boat when it comes within hailing distance.
- 6.2 Notices to Competitors issued before 30<sup>th</sup> October 2009 will be posted on the Sailing Notice Boards at DBMC and ABC. Notices to Competitors issued on or after 30<sup>th</sup> October 2009 will be specifically mentioned at each race briefing.
- 6.3 Mar Dep Notices to Mariners, with the exception of the Traffic Separation Scheme, will be considered to be part of these Sailing Instructions. This exception does not in any way mitigate the obligation of boats to observe the Traffic Separation Scheme Regulations.

## **7 Starting Times and Flags**

- 7.1 Race 1 - Discovery Bay to Middle Island on Sat, 31<sup>st</sup> October 2009:

	<b>Start Time</b>	<b>IC Flag</b>
Division B	1000 hours	J
Division A	1010 hours	K
Combined Divisions	1010 hours	W

- 7.2 Race 2 – Pursuit Race, Middle Island to Discovery Bay on Sunday, 1<sup>st</sup> Nov 2009:

Race 2 of the MIR will be conducted as a Pursuit Race. All boats shall start at a time defined by their handicap, and finish order will equal prize order. Start times shall be in accordance with Annex D, Pursuit Race Start Order, which will be issued at the race briefing prior to Race 2. Handicaps may be adjusted to reflect each boat's performance from Race 1.

	<b>Start Time</b>	<b>IC Flag</b>
First boat starts (all divisions)	1000 hours	N/A

## **8 Courses and Marks**

- 8.1 The race marks shall be left to port or starboard as detailed below.

- 8.2 **Race 1:**
- |                  |                               |                      |
|------------------|-------------------------------|----------------------|
| Start            | (approx 1 nm SE of DB marina) |                      |
| Windward mark    | (if laid)                     | P / S (as signalled) |
| Hei Ling Chau    |                               | Port                 |
| Cheung Chau Rock |                               | Port                 |
| Lamma Island     |                               | Port                 |
| Chesterman Rock  |                               | Port                 |
| Finish           | (vicinity of Middle Island)   |                      |

8.3	<b>Race 2:</b>	Start Chesterman Rock Lamma Island Wave Measuring Buoys Datum Rock Finish	(vicinity of Middle Island)   (approx N 22 13.25 E 114 04.58)  (vicinity of Pillar Rock)	Starboard Starboard <u>Starboard</u> <u>Port</u>
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## 9 The Start

- 9.1 The Committee Boat will fly a blue flag when in position at the starting line.
- 9.2 Race 1 will be started in accordance with RRS rule 26, with the warning signal given five minutes before the starting signal. Race 2 will be a Pursuit Race, started as described in para 7.2 and Annex E.
- 9.3 The starting line will be a line between a staff displaying an orange flag or shape on the Committee Boat at the starboard end of the line and a buoy laid as an outer distance mark (ODM) at the port end of the line. An inner distance mark (IDM) may also be laid, in which case boats shall pass between the IDM and the ODM when starting.
- 9.4 A windward mark may be laid approximately ½ nm to windward of the starting line. In this case the Committee Boat will display a green flag or board to indicate that the mark is to be left to starboard, or a red flag or board to indicate that the mark is to be left to port.
- 9.5 The locations of the start lines will be as follows:
- Race 1: The start line will be laid approximately 1 nm SE of the entrance to DB marina.
- Race 2: The start line will be laid approximately ½ nm South of Middle Island.
- 9.6 The location of a start line shall not be subject to protest or claim for redress. This changes RRS 62.1(a).
- 9.7 A boat whose class warning signal has not been made shall keep clear of the starting area and of all boats whose class warning signal has been made.
- 9.8 Boats shall not use engine propulsion after 5 minutes prior to starting.

## 10 The Finish

- 10.1 The committee boat will fly a blue flag when in position and on station at the finishing line.
- 10.2 The finish shall be a line between a staff displaying an orange flag or shape on the committee boat at the starboard end of the line, and a buoy laid as an ODM at the port end of the line.
- 10.3 The locations of the finishing lines shall be as follows:
- Race 1: The finishing line shall be laid in the vicinity of Middle Island.
- Race 2: The finishing line shall be laid in the vicinity of Pillar Rock (22 17.3N 114 01.8E).  
If no committee boat is on station at the finish, boats shall note their own GPS time, finishing within 100 m of Pillar Rock as it bears 045 deg M and, as far as practicable, wait in the vicinity of the finishing line to note the time of the next finisher on the Declaration Form.
- 10.4 Each boat shall obtain an acknowledgment from the Committee Boat that it has either finished or retired. If the committee boat is not on station, this shall be done by contacting the Race Officer on VHF Ch 69 or telephone 6055 5711.

## **11 Course Shortening**

- 11.1 The courses may be shortened at any mark of the course or immediately beyond the mark of the course by visual signal, IC flag S, flown by the Committee Boat. Boats should then finish by passing between the Committee Boat and the mark, or between the Committee Boat and an ODM, if laid. In the latter case, the ODM will be laid not more than 100 m from the Committee Boat on the same side as the mark. This may result in the ODM being laid at the starboard end of the line, changing para 10.2.
- 11.2 For Race 1 only, if course shortening is required, the finish will be a fixed bearing due South from the light beacon on South Lamma on Yuen Kok Headland.
- 11.3 For Race 2 only, if the decision is made to shorten the course at the 'Wave Measuring Buoys' mark, but no finish boat is on station, boats may take their own finishing time as they pass within 100 m of the most westerly mark as it bears 060 degs M.
- 11.4 The courses may be shortened for individual divisions, in which case the relevant IC Class flag(s) of the division(s) to be shortened will be flown under IC flag S.
- 11.4 The Committee Boat will attempt to communicate any course shortening by calling the mobile telephone number declared on the entry form for each boat. Failure to receive such a communication shall not be accepted as grounds for a protest or claim for redress.

## **12 Time Limits**

- 12.1 Race 1. The time limit for Race 1 shall be 1700 hours.
- 12.2 Race 1. The Cut off will be 1500 for leading boats to pass due south of Yuen Kok light on South Lamma at N 22 10.9; E 114 8.95.
- 12.2 Race 2. The time limit for Race 2 shall be 1600 hours.
- 12.3 Race 2. Cut off will be 1500 for leading boat to pass Wave Measuring buoy at N 22 13.25 E 114 04.58
- 12.3 A boat that does not finish before the time limit shall be deemed to have retired. This does not alter a retired boat's responsibility to 'sign off' with the Race Officer.
- 12.4 The race will be abandoned if the leading boat has not crossed the finishing line, or shortened course finishing line, by 1700 hours Race 1 and 1600 on Race 2 or course shortened cut off on Race 2.

## **13 Retiring**

- 13.1 It is important, in the interests of safety, that any boat retiring from the race shall inform the Committee Boat immediately by telephoning 6055 5711.

## **14 Race Declarations**

- 14.1 All boats, including those that retire from a race, shall lodge a completed Race Declaration Form (Annex A) with the Race Officer not later than 1800 hours on the day of the race. A boat that does not lodge a properly completed Declaration Form before that time may be considered DNF (Did Not Finish).

## **15 Handicapping & Prizes**

- 15.1 Boats will be handicapped by HKPN, or DBPN (issued by the DBYC) if no HKPN is available. The DBYC Handicapping Committee reserves the right to adjust existing HKPN handicaps using the PIPPS system (as described on the COA website), in order to fairly balance the performance of all boats entered
- 15.2 Prizes will be awarded for the Race 1 DBYC & COA Championship, to Middle Island and for Race 2, Pursuit race back to Discovery Bay and for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places overall, employing the modified Low Point scoring system.
- 15.3 The Low Point scoring system will apply, modified such that first place will be awarded three quarters of a point. All other placings will be awarded points equivalent to their finishing position.
- 15.4 The Race Committee may sub-divide a division or create new classes depending upon the number of entries received. Additional prizes may be awarded at the discretion of the Race Committee.

## **16 Safety**

- 16.1 All boats shall comply with the current edition of the ORC Special Regulations Category 4.
- 16.2 The attention of all competitors is drawn to the Fundamental Rules in Part 1 of the RRS, particularly with respect to life-saving equipment and the wearing of personal buoyancy. The safety of a boat and her crew is the sole responsibility of the Skipper, who must ensure that the boat is seaworthy and properly equipped and that the crew are able to cope with emergencies and poor weather conditions. The Skipper must ensure that all safety equipment is properly maintained and stowed and that the crew know where it is kept and how it is to be used.
- 16.3 A boat shall not race with its anchor or other similar piece of equipment positioned outside the sheerline of the boat. Any offending boat may be disqualified and such penalty will not be subject to protest.
- 16.4 Skippers are reminded that they must not obstruct traffic in the Fairways or Traffic Separation Schemes. VHF radio equipped boats shall monitor VHF Ch 16 whilst crossing these channels.
- 16.5 The onus is on pleasure craft to give way to commercial shipping and boats must be prepared to motor if necessary in order to keep clear. Boats shall have their auxiliary engines ready for use, if required. Motoring for safety reasons must be declared, but this will not necessarily constitute a transfer to the Motoring Division and will not result in disqualification. A time penalty may be applied at the discretion of the Race Committee if an advantage is deemed to have been gained.
- 16.6 All commercial vessels or towing combinations of over 40 metres length overall will be granted a "Moving Prohibited Zone" around the vessel when the vessel is under way, as detailed in DBYC SRI's. This Moving Prohibited Zone ranks as an obstruction for the purposes of RRS Rules 18 and 19.

## **17 Insurance**

- 17.1 All boats shall hold valid third party insurance and shall produce a valid Certificate of Insurance if requested by the Race Committee.

## **18 Disclaimer**

- 18.1 All those taking part in the event do so at their own risk and responsibility. Each boat is solely responsible for the decision to race or to continue racing. Entrants shall note and advise all crew members that competitors participate at their own risk and that the DBYC does not accept any liability for any loss or damage to persons or property that may result from such participation.

**ANNEX A RACE DECLARATION**

**RACE 1 – DB TO MIDDLE ISLAND**

Boat Name: ..... Sail Number: .....

Motoring commenced at: GPS time ..... GPS Position .....

Motoring completed at: GPS time ..... GPS Position .....

Motoring commenced at: GPS time ..... GPS Position .....

Motoring completed at: GPS time ..... GPS Position .....

Motoring commenced at: GPS time ..... GPS Position .....

Motoring completed at: GPS time ..... GPS Position .....

Finish GPS time ..... GPS Position .....

I confirm that I have sailed the race in accordance with the Sailing Instructions.

Signed .....  
Skipper/Navigator

**PLEASE DETACH AND HAND TO THE RACE OFFICER**

**ANNEX A RACE DECLARATION**

**RACE 2 – MIDDLE ISLAND TO DB**

Boat Name: ..... Sail Number: ..... Start Time: .....

Motoring commenced at: GPS time ..... GPS Position .....

Motoring completed at: GPS time ..... GPS Position .....

Motoring commenced at: GPS time ..... GPS Position .....

Motoring completed at: GPS time ..... GPS Position .....

Motoring commenced at: GPS time ..... GPS Position .....

Motoring completed at: GPS time ..... GPS Position .....

Finish GPS time ..... GPS Position .....

I confirm that I have sailed the race in accordance with the Sailing Instructions.

Signed .....  
Skipper/Navigator

**PLEASE DETACH AND HAND TO THE RACE OFFICER**

**ANNEX B - Administrative Notes****DISCOVERY BAY MARINA**

The Regatta is open to all DBYC and ABC members, and members of any HKSF-affiliated club. Eligible boats may be entered by returning the attached entry form to the DBYC by 1700 hrs on Wednesday, 28<sup>th</sup> October 2009. The event will consist of two races with two prize-givings, scheduled as follows:

**Fri, 30 Oct**

- A/R Visiting boats arrive DBMC
- 1900 Bilge Bar meet-and-greet
- 2000 DBMC Restaurant open to Members and Guests. (credit card or member signing)
- 2130 Optional Skippers Briefing (all information will be available electronically)

**Sat, 31 Oct**

- 0800 DBMC Restaurant open for breakfast (credit card or member signing)
- 1000 Start Race 1 off DB
- 1600 Finish off MI
- 1700 *Cerveza Sol* beer-call, and “Trick or Treat” on the ABC MI dockside
- 2000 ABC’s Middle Island Bollywood Halloween party (\$200pp)
- 2100 Prize-giving Race 1

**Sun, 1 Nov**

- 0830 Breakfast at Middle Island (\$50 pp)
- 0900 Skippers briefing
- 1000 First start Race 2 off MI (check individual times)
- 1600 Finish off DB
- 1700 Prize-giving Race 2 and overall DBMC Headland with cash Bar and snacks

**PLAN FOR THE FUN STUFF**

We are always very well supported by the staff and management at both the ABC and DBMC. This year the major social event will be held at ABC Middle Island during the overnight stop.

On arrival at ABC MI, the crews will be met with heaps of ice-cold beer courtesy of long-term sponsor, *Cerveza Sol* and we will celebrate Halloween for the kids on the dockside with plenty of fiendish “trick or treats”. There will be prizes for dressing up the boats: for the most creative themed anchor light and for the overall scariest “Flying Dutchman” (Bart has an advantage).

Dinner will be “Bollywood Halloween” .....fancy dress encouraged “ghouls in turbans or zombies in saris”

**ADMINISTRATION**

DBMC - Berthing will be possible, on a space-available basis, at the DB Marina Club on the nights of 30<sup>th</sup> Oct and 1<sup>st</sup> Nov 2008, **with charges waived for participating boats**. Visiting boats please contact DBMC reception on 2987 9591 and sign in at the Marina Club reception on arrival.

Participating crews may use the Marina Club bar and restaurant as a guest of, and in company with, a Marina Club member. Payment can be made by credit card.

ABC – Berthing on the MI pontoons. Please leave outside berths for catamarans and if using the ferry pontoon please leave space for ferry operations. There is no mooring available on MI (unless you have made prior arrangement with a private mooring owner) however, the ABC pontoon can accommodate 8 yachts easily and up to 12 yachts if you raft up to another yacht on the main pontoon. Anchoring is also an option outside the mooring area.

**Shuttle service.** ABC will provide a boat to shuttle crews to and from the RHKYC pontoon to get to shore. It will operate until midnight on Saturday night and start again at 0800 on Sunday morning.

**F & B.** A cash counter will be available from 1600 hrs at Middle Island. Visitors should buy coupons before ordering drinks and present them to the bar to be served. Buy buffet stickers (\$200) at same time and display on your shirts. A breakfast buffet (\$50) will be served at 0830 hrs on Sunday morning – the skippers briefing will take place over breakfast at 0900 hrs, with first start for Race 2 at 1000 hrs.

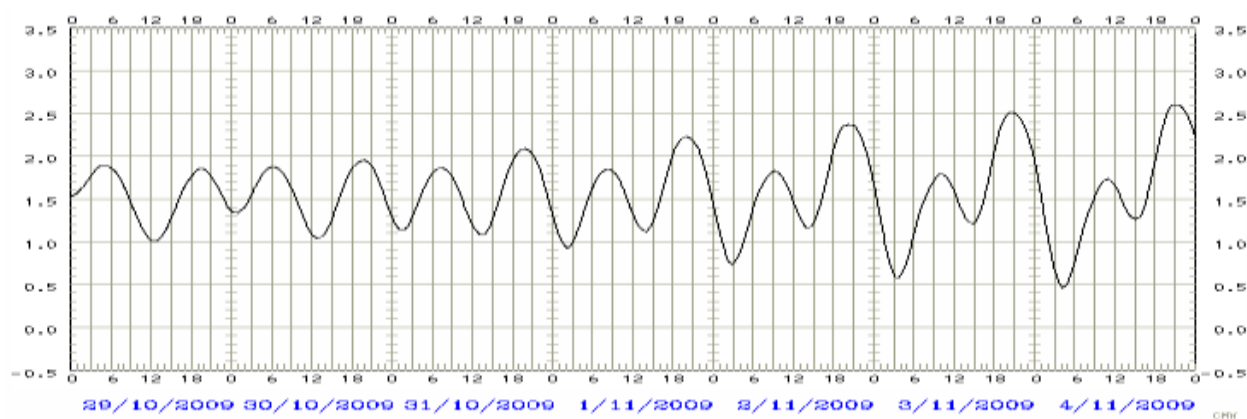
**Ice.** Limited amounts of ice will be available at Middle Island, so please collect at the main ABC clubhouse on your way through.

**ABC staff.** Any queries or problems, contact ABC Marine Manager, Ah Kee on 9164 5140 or ABC General Manager, Philippe de Manny at 9124 6400.

## GENERAL

**Photos.** Please encourage your crew to take photos during the race and at the two prize-givings. The best shots will be used on the DBYC website and in the various regatta write-ups.

**Tides at Chi Ma Wan.** Forecast as follows:



## 4 Day Weather Forecast

Date	30 Oct (Friday)	31 Oct (Saturday)	1 Nov (Sunday)	2 Nov (Monday)
Weather	Mainly fine.	Mainly fine but hazy.	Sunny periods with haze.	Mainly cloudy and dry.
Wind	E'ly F3-4	E'ly F2-3	Variable F2 bec N'ly F5-6	N to NE'ly F5-6
Temp(°C)	24 - 28	24 - 29	24 - 30	21 - 24

**ANNEX C - RACE SAFETY AND ACCOUNTABILITY**

Sailing, and, in particular, yacht racing, is a hazardous pursuit. The organisers of the Middle Island Regatta have taken every reasonable measure to ensure safety during the organisation of the event and will, so far as they are able, endeavour to create a safe racing environment.

**However, responsibility for the actions and conduct of each participating vessel must lie, in all respects, with the Skipper of that vessel.**

Skippers are therefore required to complete the following declaration:

- I, the undersigned, am the Skipper of vessel.....HK Reg.....
- I hold a valid licence.
- My vessel holds a valid license, is in a seaworthy condition and is equipped to a minimum of 'Category Four' standard of safety equipment.
- I have read and understood the Sailing Instructions.
- I am aware of situations and occurrences promulgated by Marine Department Notices and Notices to Mariners in the general area of the racecourse.
- I am conversant with, and will comply with, the provisions of the International Regulations for Preventing Collisions at Sea.
- I understand that I am solely responsible for the safe operation of my vessel before, during and after each race.
- I have briefed all of my crew, and they are aware of my sole responsibility, as Skipper, under these conditions.

Signed ..... Dated .....

**ANNEX D - Participating Boats**

	<b>Boat</b>	<b>Type</b>	<b>Skipper</b>	<b>Mobile No</b>	<b>HKPN</b>
<b>DIV A</b>	<i>Legs Eleven</i>	Adam 11.9	Nik von der Luehe	9575 9417	822 (prov)
	<i>Harlequin</i>	Bavaria Vision	Jim Fernie	9273 1766	834
	<i>No One Else</i>	J35	Emily Chan	8108 7168	880
	<i>HeartBeat</i>	Bermuda 52	Dennis Dakin	9493-5244	900 (prov)
	<i>Boadicea</i>	Hanse 400	Mike Delany	9251 9181	904
	<i>Aegean</i>	Oceanis 40	James Oliver	9773 4914	905
	<i>Xakanaxa</i>	Bavaria 42 Cruiser	Andy Pickles	9350 7199	923
	<i>Allegro</i>	Oceanis 40	Chris Hammond	9757 9645	957
<b>DIV B</b>	<i>GA</i>	Dehler Optima 101	Arthur Ho	9428 3649	964
	<i>Square-Bear</i>	Seawind 1160 Cat	Brett Carter	9776 1801	1000
	<i>Chota Seye</i>	Beneteau First 27.7	Dennis Tin	9681 7043	1038
	<i>Epic</i>	Vagabond 47	Neale Nowosad	9130 6297	1061
	<i>Sipadan</i>	Prout 39 Cat	St.John Cameron	6055 5711	1071
	<i>Skellum</i>	Ruffian 23	Jan Neuhaeusser	6101 2612	1085
	<i>Sotally Tober</i>	Colvic 34	Ian Cusak	9492 2201	1100
	<i>Rigel</i>	Sloop	Wolf Duehring	9190 9101	1185

**ANNEX E - Pursuit Race Start Order**

To be issued after compilation of Race 1 results on 31<sup>ST</sup> Oct 2009

RACE 2 START TIMES AS AT 29-10-09							
	<b>Boat</b>	<b>Type</b>	<b>Skipper</b>	<b>Mobile No</b>	<b>Sail No</b>	<b>HKPN</b>	<b>Start Time</b>
1	<b>Legs Eleven</b>	Adam 11.9	Nik von der Luehe	9575 9417		822	11.43
2	<b>Harlequin</b>	Bavaria Vision	Jim Fernie	9273 1766	2301	834	11.40
3	<b>No One Else</b>	J35	Emily Chan	8108 7168	1698	880	11.29
4	<b>HeartBeat</b>	Bermuda 52	Dennis Dakin	9493-5244		900	11.24
5	<b>Boadicea</b>	Hanse 400	Mike Delany	9251 9181	138925	904	11.23
6	<b>Aegean</b>		James Oliver	9773 4914		905	11.23
7	<b>Xakanaxa</b>	Bavaria 42 Cruiser	Andy Pickles	9350 7199	2280	923	11.18
8	<b>Allegro</b>	Oceanis 40	Chris Hammond	9757 9645	138972	957	11.10
9	<b>GA</b>	Dehler Optima 101	Arthur Ho	9428 3649	1135	964	11.08
10	<b>Square-bear</b>	Seawind 1160 Catamaran	Brett Carter	9776 1801	116072	1000	11.00
11	<b>Chota Seye</b>	Beneteau First 27.7	Dennis Tin	9681 7043	2036	1038	10.51
12	<b>Epic</b>	Vagabond 47	Neale Nowosad	9130 6297	7615	1061	10.45
13	<b>Sipadan</b>	Prout 39 Catamaran	St.John Cameron	6055 5711	790	1071	10.43
14	<b>Skellum</b>	Ruffian 23	Jan Neuhaeusser	6101 2612	527	1085	10.40
15	<b>Sotally Tober</b>	Colvic 34	Ian Cusak	9492 2201	10725	1100	10.36
16	<b>Rigel</b>	Sloop	Wolf Duehring	9190 9101	5765	1185	10.16